

**Healthy Kids Day 3 Mile Road Race & 2 Mile Family Fitness Walk**



**Race Proceeds to Benefit the YMCA's Strong Kids Campaign**



**Location: Hamden/North Haven YMCA  
1605 Sherman Ave, Hamden, CT. 06514  
203-248-6361**

**Date: Saturday April 17<sup>th</sup>, 2010**

**Registration: 11:00am-1:00pm**

**2 Mile Family Fitness Walk: 1:00pm**

**Shotgun 3 Mile Road Race: 1:30pm (Awards Ceremony to Follow)**

**Healthy Kids Day Activities to Follow Road Race**

<b>Fees:</b>	<b>Walk</b>	<b>Race</b>
<b>Pre Registration</b>	<b>\$15.00 per person/\$40 per family</b>	<b>\$20.00</b>
<b>Race Day Registration</b>	<b>\$20.00 per person/\$45 per family</b>	<b>\$25.00</b>

**Pre Registration Period: Monday 2/22/10-Thursday 4/15/10**

**Registration Options:**

- **In person @ the Hamden/North Haven YMCA: Registration Deadline Thursday 4/15/10**
- **Online @ [www.hnhymca.org](http://www.hnhymca.org)**
- **Online @ [www.thelastmileracing.com](http://www.thelastmileracing.com)**
- **Online registration deadline is Wednesday 4/14/10**
- **By Mail: send to 1605 Sherman Ave, Hamden, CT. 06514 ATTN: Brian Marazzi**
- **By Fax: send to 203-281-4858 ATTN: Brian Marazzi**
- **All mail and fax registrations must be received by Wednesday 4/14/10**
- **Contact Brian Marazzi @ 203-248-6361 x 2212 for all Road Race Information**

**Race Features**

- **Mile markers at 1, 2, and 3 miles**
- **Computerized timing results by the Last Mile Race Management Company**
- **Race results will be posted at [www.thelastmileracing.com](http://www.thelastmileracing.com)**

**Event Highlights**

- **Commemorative T-Shirts to first 100 registered**
- **Refreshments**
- **Fun family Healthy Kids Day Activities on YMCA Grounds**

**Please Turn Over →→→→→→→→**



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**Age Divisions**

13-17   18-29   30-39   40-49   50-59   60-69   70 & Over



**Awards**

- \$100 To Top Overall Male and Female Winner
- Medals will be awarded to top 3 finishers in each age division for both male and female
- Awards will not be duplicated
- Runners are encouraged to review race results before leaving the race site

**Registration: Please Print Clearly**

I am registering for: \_\_\_\_\_ Family Walk    \_\_\_\_\_ Road Race

Tee Shirt Size: \_\_\_\_\_ Small    \_\_\_\_\_ Medium    \_\_\_\_\_ Large    \_\_\_\_\_ X Large

Tee Shirts guaranteed to first 100 applicants

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone #: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Sex: Male \_\_\_\_\_ Female: \_\_\_\_\_ DOB: \_\_\_\_\_ Race Day Age: \_\_\_\_\_

**WAIVER:** In consideration of accepting this entry, I the undersigned, intending to be legally bound for myself, my heirs, executors, and administrators waive and release the Hamden/North Haven YMCA, Last Mile Race Management, Sponsors, Volunteers, the City of Hamden, the Police Department of the city of Hamden and its agents, employees, representatives from my participation in this event, including any and all injuries incurred by me because of my participation in this event. I am physically fit and have trained sufficiently to complete this event.

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

**Office Use Only**

Payment is For: \_\_\_\_\_ Walk    \_\_\_\_\_ Race

Payment Type: \_\_\_\_\_ Cash    \_\_\_\_\_ Check

Credit Card: \_\_\_\_\_ MC    \_\_\_\_\_ Visa

Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Security Code: \_\_\_\_\_ Payment Amount: \_\_\_\_\_

**Additional parking is available at the Christ Evangelical Lutheran Church located across the street from the YMCA on Shepard Ave.**

